ARTHUR C. BROOKS
July 2026

Arthur C. Brooks is a social scientist, author, and public speaker dedicated to the science of human happiness. He is a professor at Vanderbilt University, columnist at *The Free Press*, CBS News contributor, and host of the podcast *Office Hours with Arthur Brooks*. He is a #1 *New York Times* bestselling author of 16 books, including *The Meaning of Your Life: Finding Purpose in an Age of Emptiness* (2026), *Build the Life you Want: The Art and Science of Getting Happier* (2023), co-authored with Oprah Winfrey, and *From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life* (2022). He speaks all around the world about human flourishing, giving more than 150 speeches and lectures per year in the U.S., Europe, and Asia.

Brooks began his career as a classical French hornist, leaving college at 19, touring and recording with the Annapolis Brass Quintet and later, the City Orchestra of Barcelona. In his late twenties, while still performing, he returned to school, earning a BA through distance learning at Thomas Edison State University, and then an MA in economics from Florida Atlantic University. At 31, he left music and earned an MPhil and PhD in public policy analysis from the RAND School of Public Policy, during which time he worked for the Rand Corporation's Project Air Force, performing military operations research.

Brooks then spent the next 10 years as a university professor, becoming a full professor at Syracuse University's Maxwell School of Citizenship and Public Affairs in his seventh year out of graduate school and occupying an endowed chair in Business and Government. During this decade, he published 60 peer-reviewed articles and several books, including the textbook *Social Entrepreneurship*. From 2019-2026 he was the Randall Parker Montgomery Professor at the Harvard Kennedy School and Harvard Business School. Currently, he is a professor of Medicine, Health and Society at Vanderbilt.

From 2009-2019 Brooks served as the president of the American Enterprise Institute (AEI) in Washington, DC, one of the world's oldest and most influential think tanks. Under his decade-long leadership, AEI tripled its annual revenues, deepened its outreach to leaders across the ideological spectrum, and expanded its research portfolio to include work on poverty, happiness, and human potential. During this period, he was selected as one of Fortune Magazine's "50 World's Greatest Leaders." He has been awarded 13 honorary doctorates.

Originally from Seattle, Brooks has been married for 35 years to his wife Ester Munt-Brooks, who is a native of Barcelona. They have three adult children, two daughters-in-law, and four grandsons. Two of his children are U.S. Marines.

CURRICULUM VITAE

EDUCATION

PhD (Public Policy Analysis), The RAND School of Public Policy, 1998
MPhil (Public Policy Analysis), The RAND School of Public Policy, 1997
MA (Economics), Florida Atlantic University, 1994
BA (Economics), Thomas Edison State University, 1994

PROFESSIONAL POSTS

2026-present: Vanderbilt University; Nashville, TN
Professor of Medicine, Health and Society

Media positions
2025-present: Creator, "The Pursuit of Happiness with Arthur Brooks" column, The Free Press
2025-present: Contributor, CBS News
2020-2025: Creator, "How to Build a Life" column, The Atlantic
2019-2020: Columnist, The Washington Post
2014-2018: Contributing Opinion Writer, The New York Times

Current secondary affiliations and visiting positions
Senior Fellow, Harvard Business School
Hauser Leader, Harvard Kennedy School
President Emeritus, American Enterprise Institute
Impact Scholar, University of Utah
Senior Fellow, Civitas Institute, University of Texas—Austin
Visiting Professor, IESE Business School, Barcelona

2019-2026: Harvard University; Cambridge, MA
Parker Gilbert Montgomery Professor of the Practice of Public and Nonprofit Leadership, Harvard Kennedy School
Professor of Management Practice and Faculty Fellow, Harvard Business School
Founder, Leadership & Happiness Laboratory (HKS)

2009-2019: The American Enterprise Institute; Washington, DC
President
Beth and Ravenel Curry Chair in Free Enterprise

2001-2008: Syracuse University; Syracuse, NY
The Maxwell School of Citizenship and Public Affairs
Martin J. Whitman School of Management
Louis A. Bantle Professor of Business and Government Policy (2007-2008)
Professor of Public Administration (2006-2008)
Director, Nonprofit Studies Program (2003-2007)
Associate Professor of Public Administration (2001-2005)

1998-2001: Georgia State University; Atlanta, GA
Assistant Professor of Public Administration & Economics

1996-1998: The RAND Corporation; Santa Monica, CA
Doctoral Fellow

1992-1995: Harid Conservatory of Music; Boca Raton, FL
French horn Instructor/Department Chair

1989-1992: City Orchestra of Barcelona (*Orquestra Ciutat de Barcelona*); Barcelona, Spain
Associate Principal French Horn

1983-1989: Annapolis Brass Quintet; Baltimore, MD
French Hornist

HIGHLIGHTS OF SCHOLARLY & CREATIVE WORK

- 3,000+ public lectures and speeches delivered, 2009-2026
- 15 books, including 6 New York Times bestsellers (3 of which debuted at #1) and 1 textbook
- 60+ peer-reviewed academic articles and chapters
- 400+ columns and feature essays
- Host of the podcasts "Office Hours with Arthur Brooks" (2025-present), "How to Build a Happy Life," Atlantic Media (2021-2023), "The Art of Happiness with Arthur Brooks," Ricochet (2020-2021), "The Arthur Brooks Show," Vox Media (2018-2019)
- Subject of the 2019 Netflix documentary "The Pursuit"

MANAGEMENT HIGHLIGHTS

- Chief executive of AEI from January 2009—June 2019
- Restructured AEI's research programs, management, fundraising, and communications
- AEI's annual program revenues +185% ($20m-$57m) from 2009-2019
- $100m capital campaign successfully completed, 2014-2016
- $125m headquarters purchase & renovation successfully completed (1789 Massachusetts Avenue) with zero debt

RECENT AWARDS AND DISTINCTIONS

- Honorary doctorates: Franciscan University (2026), Lafayette College (2026), Seton Hall University (2026), Divine Mercy University (2025), Providence College (2024), Catholic University of America (2023), Saint Thomas Aquinas College (2020), Brigham Young University (2019), Claremont McKenna College (2019), Hampden-Sydney College (2018), Jacksonville University (2018), Ave Maria University (2015), Thomas Edison State College (2013).
- Nichols-Chancellor's Medal, Vanderbilt University, 2026.
- Pioneer Award, Positive Psychology Center, University of Pennsylvania, 2022.
- Irving Kristol Award, American Enterprise Institute, 2022.
- National Peacemaker Award, National Conflict Resolution Center, 2020
- John Paul II Award for New Evangelization, Catholic Information Center, Washington, DC, 2020.
- Joseph McKeen Visiting Fellow, Bowdoin College, Brunswick, ME, 2019-20.
- Distinguished Alumni Award, Florida Atlantic University College of Business, 2019.

- G.S. Beckwith Gilbert ’63 Fellow, Princeton University, 2018.
- Distinguished Alumni Award, Pardee Rand Graduate School, 2016.
- FORTUNE Magazine, 50 World’s Greatest Leaders, 2016.

PERSONAL DATA

- D.O.B. 5-21-64 (age 62)
- Married 34 years to Ester Munt-Brooks, three adult children, four grandsons.
- Language fluency: English, Spanish and Catalan.
- Citizenship: USA
- Past security clearances held: Top Secret, SCI

See appendix for full list of books, academic articles, columns, editorial board assignments, service, and older awards

APPENDIX

FULL PUBLICATION LIST

Books

1. Brooks, Arthur C. (2026). The Meaning of Your Life: Finding Purpose in an Age of Emptiness. New York: Portfolio/Penguin RandomHouse.
   - #1 New York Times bestseller.
   - UK/Australia/New Zealand/India edition: Ebury/Penguin. Editions in Slovenian, Greek, Arabic, Spanish, Portuguese (Brazil), Portuguese (Portugal), Vietnamese, Polish, Bulgarian, Croatian, French, German, Turkish, Chinese (PRC), Romanian, Catalan, Indonesian, Uzbek
2. Brooks, Arthur C. (2025). The Happiness Files. Boston: Harvard Business Review Press.
   - New York Times bestseller.
   - Winner of the OWL Award for best book of 2025 in management & culture
   - Editions in Macedonian, Chinese (Taiwan), Chinese (PRC), Portuguese, French, German, Japanese, Hungarian, Vietnamese, Spanish, Slovenian, Polish, Croatian
3. Brooks, Arthur C. and Oprah Winfrey (2023). Build the Life You Want: The Art and Science of Getting Happier. New York: Portfolio/Penguin RandomHouse.
   - #1 New York Times bestseller.
   - UK/Australia/New Zealand/India edition: Ebury/Penguin. Editions in Spanish, Portuguese (Brazil), Polish, Romanian, Greek, Latvian, Lithuanian, Ukrainian, Serbian, Chinese (Taiwan), French, Italian, Estonian, Hungarian, Portuguese (Portugal), Croatia, South Korea, Chinese (mainland), Slovak, Arabic, Hebrew, Albanian, Vietnamese, Thai, Hindi, Marathi, Macedonian, Azerbaijani, Japanese, Slovenian, Mongolian.
4. Brooks, Arthur C. (2022). From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life. New York: Portfolio/Penguin RandomHouse.
   - #1 New York Times bestseller.
   - Selected as Amazon's 2022 Best Business Book of the Year.
   - Selected as a Wall Street Journal 12 Best Self-Help Books to Read in 2022.
   - UK edition: Bloomsbury. Editions in Spanish, Korean, Portuguese, Hungarian, Chinese, Slovenian, Slovakian, Arabic, Lithuanian, Bulgarian, Japanese, Hebrew, Catalan, German, Polish, Italian, Dutch, Vietnamese, Croatian, French
5. Brooks, Arthur C. (2019). Love Your Enemies: How Decent People Can Save America from the Culture of Contempt. New York: Broadside/HarperCollins. National bestseller. Spanish edition with Editorial Elba, Amad a vuestros enemigos, 2020. Selected among Politico's "Top Books of 2019."
6. Brooks, Arthur C. (Hardback edition 2015, Paperback edition 2017). The Conservative Heart: How to Build a Fairer, Happier, and More Prosperous America. New York: Broadside/HarperCollins. New York Times bestseller.
7. Brooks, Arthur C. (2012). The Road to Freedom: How to Win the Fight for Free Enterprise. New York: Basic Books. New York Times bestseller. Winner of CNBC's Blue Chip Book Award. Included in Politico's "Top Books of 2012."
8. Brooks, Arthur C. (2010). The Battle: How the Fight Between Free Enterprise and Big Government Will Shape America's Future. New York: Basic Books. Translated into Spanish and Chinese. WORLD Magazine's Book of the Year, 2010.
9. Wehner, Peter and Arthur C. Brooks (2010). Wealth and Justice: The Morality of Democratic Capitalism. Lanham, MD: Rowman & Littlefield.
10. Brooks, Arthur C. (2008). Gross National Happiness: Why Happiness Matters for America—and How We Can Get More of It. New York: Basic Books.
11. Brooks, Arthur C. (2008). Social Entrepreneurship: A Modern Approach to Social Value Creation. Upper Saddle River, NJ: Prentice-Hall. Editions also in Chinese, Korean, and Greek.
12. Brooks, Arthur C. (2006). Who Really Cares: The Surprising Truth About Compassionate Conservatism. New York: Basic Books. Edition also in Chinese.

13. Brooks, Arthur C., Editor (2005). Gifts of Time and Money: The Role of Charity in America's Communities. Lanham, MD: Rowman & Littlefield.
14. McCarthy, Kevin F., Elizabeth H. Ondaatje, Arthur C. Brooks, and Andras Szanto (2005). A Portrait of the Visual Arts: Meeting the Challenges of a New Era. Santa Monica, CA: Rand.
15. McCarthy, Kevin F., Elizabeth H. Ondaatje, Laura Zakaras, and Arthur C. Brooks (2005) Gifts of the Muse: Reframing the Debate about the Benefits of the Arts. Santa Monica, CA: Rand.
16. McCarthy, Kevin F., Arthur C. Brooks, Julia Lowell, and Laura Zakaras (2001). The Performing Arts in a New Era. Santa Monica, CA: RAND.

Peer-reviewed papers and chapters

1. Brooks, Arthur C. (2024). "America's Crisis of Civic Virtue." Journal of Democracy 35(2): 23-39.
2. VanderWeele, Tyler J., and Arthur C. Brooks (2020). "A Public Health Approach to Negative News Media: The 3-to-1 Solution." American Journal of Health Promotion.
3. Brooks, Arthur C. (2018). "How Did the Great Recession Affect Charitable Giving?" Public Finance Review 64(5): 715-742.
4. Brooks, Arthur C. (2010). "What Do Markets Need?" Faith & Economics 55(Spring): 11-18.
5. Brooks, Arthur C. (2009). "Volunteerism." In Cross, Gary, Robert Maddox, and William Pencak (Eds.) Dictionary of American History, Dynamic Reference. New York: Scribner.
6. Brooks, Arthur C. (2008). "Philanthropy and the Nonprofit Sector." In Schuck, Peter and James Q. Wilson (Eds.) Understanding America. New York: Public Affairs, 2008, pp. 539-562.
7. Brooks, Arthur C. (2007). "Does Giving Make Us Prosperous?" Journal of Economics and Finance 31(3): 403-411.
8. Brooks, Arthur C. (2007). "Income Tax Policy and Charitable Giving." Journal of Policy Analysis and Management 26(3): 599-612.
9. Brooks, Arthur C., and Jan I. Ondrich (2007). "Quality, Service Level, or Empire: Which is the Objective of the Nonprofit Arts Manager?" Journal of Cultural Economics 31: 129-142.
10. Brooks, Arthur C. (2007). "The Public Value of Controversial Art: The Case of the Sensation Exhibit." In C. David Throsby and Michael Hutter (Eds.). Beyond Price: Value in Culture, Economics, and the Arts. New York: Cambridge University Press, pp. 270-282.
11. Brooks, Arthur C. (2006). "Efficient Nonprofits?" Policy Studies Journal 34(3): 303-311.
12. Brooks, Arthur C., and Jan I. Ondrich (2006). "How Public Is Public Television?" Public Finance Review 34(1): 101-113.
13. Brooks, Arthur C. (2006). "Nonprofit Performing Arts Firms." In Ginsburgh, Victor, and C. David Throsby (Eds.). The Handbook on the Economics of Art and Culture. North Holland Handbooks in Economics. Amsterdam: Elsevier Science, pp. 473-506.
14. Rushton, Michael, and Arthur C. Brooks (2006). "Government Funding of Nonprofit Organizations." In Dennis R. Young (Editor). An Integrated Theory of Nonprofit Finance. Lanham, MD: Lexington Books.
15. Louie, Alison, and Arthur C. Brooks (2006). "Engaging Business with Nonprofits" In Young, Dennis R. (Ed.). Wise Decision-making in Uncertain Times: Using Nonprofit Resources Effectively. Washington, DC: The Foundation Center, pp. 191-204.
16. Brooks, Arthur C. (2005). "What Do Nonprofit Organizations Seek? (And Why Should Policymakers Care?)" Journal of Policy Analysis and Management 24(3): 543-558.
17. Brooks, Arthur C. (2005). "Does Social Capital Make You Generous?" Social Science Quarterly 86(1): 1-15.
18. Lewis, Gregory B. and Arthur C. Brooks (2005). "A Question of Morality: Artists' Values and Public Funding for the Arts." Public Administration Review 65(1): 8-17.
19. Van Slyke, David M., and Arthur C. Brooks (2005). "Why Do People Give? New Evidence and Strategies for Nonprofit Managers" American Review of Public Administration 35(3): 199-222.
20. Brooks, Arthur C. (2005). "Philanthropy Vs. National Security: Should CARE Criticize the Military?" In Franke, Volker C. (Eds.). Terrorism and Peacekeeping: New Security Challenges. Westport, Conn.: Praeger, pp. 196-211.
21. Brooks, Arthur C. (Fall 2004). "Compassion, Religion, and Politics." The Public Interest 157: 57-66.
22. Brooks, Arthur C. (2004). "The Effects of Public Policy on Private Charity." Administration & Society 36(2): 166-185.
23. Brooks, Arthur C. (2004). "In Search of True Public Arts Support." Public Budgeting & Finance 24(2): 88-100.
24. McClelland, Robert, and Arthur C. Brooks (2004). "Comparing Theory and Evidence on the Relationship Between Income and Charitable Giving." Public Finance Review 32(5): 483-497.
25. Brooks, Arthur C. (2004). "Do People Really Care About the Arts for Future Generations?" Journal of Cultural Economics 28:275-284.

26. Brooks, Arthur C. (2004). "Evaluating the Effectiveness of Nonprofit Fundraising." Policy Studies Journal 32(3): 363-374.
27. Brooks, Arthur C. (2004). "What Do 'Don't Know' Responses Really Mean in Giving Surveys?" Nonprofit and Voluntary Sector Quarterly 33(3) 423-434.
28. Brooks, Arthur C. (2004). "Faith, Secularism, and Charity." Faith and Economics 43: 1-8.
29. Brooks, Arthur C. (2004). "Valoración Contingente y la Maldición del Ganador en las Subastas de Arte en Internet." Revista Asturiana de Economía (Spain) 29: 17-32.
30. Brooks, Arthur C. (2004). "What Is Art Really Worth?" Journal of Arts Management, Law, and Society 34(3): 163-165.
31. Brooks, Arthur C. (2003). "Religious Faith and Charitable Giving" Policy Review 121: 39-50 (October/November).
32. Brooks, Arthur C. (2003). "Taxes, Subsidies, and Listeners Like You: Public Policy and Contributions to Public Radio." Public Administration Review 63(5): 554-561.
33. Brooks, Arthur C. (2003). "Do Government Subsidies to Nonprofits Crowd Out Donations or Donors?" Public Finance Review 31(2): 166-179.
34. Brooks, Arthur C. (2003). "Public Goods and Posterity: An Empirical Test of Intergenerational Altruism." Journal of Public Administration Research and Theory 13(2): 165-176.
35. Brooks, Arthur C. (2003). "Charitable Giving to Humanitarian Organizations in Spain." Hacienda Pública Española/Revista de Economía Pública (Spanish Journal of Public Economics) 165-(2/2003): 9-24.
36. Brooks, Arthur C. (2003). "Public Opinion and the Role of Government Arts Funding in Spain." Journal of Comparative Policy Analysis: Research and Practice 5(1): 29-38.
37. Brooks, Arthur C. (2003). "Charity, Christianity, and the Poor: An Outsider's View of the Pew Christian Scholars Program." Faith & Economics 41(1): 22-26.
38. Brooks, Arthur C. (2003). "The Changing Role of Arts Intermediaries: Introduction." Journal of Arts Management, Law, and Society 33(2): 83-84.
39. Brooks, Arthur C. (2003), Book review essay: "Challenges and Opportunities Facing Nonprofit Organizations" Public Administration Review 63(4): 503-506.
40. Brooks, Arthur C. (2002). "Charitable Giving in Transition Economies: Evidence from Russia." National Tax Journal 55(4): 743-754.
41. Brooks, Arthur C. (2002). "Welfare Receipt and Private Charity." Public Budgeting and Finance 22(3): 100-113.
42. Brooks, Arthur C. (2002). "Can Nonprofit Management Help Answer Public Management's 'Big Questions'?" Public Administration Review 62(3): 259-265.
43. Brooks, Arthur C. and Gregory B. Lewis (2002). "Enhancing Policy Models with Exploratory Analysis." Journal of Public Administration Research and Theory 12(1): 129-136.
44. Brooks, Arthur C. (2002). "Artists as Amateurs and Volunteers." Nonprofit Management & Leadership 13(1): 5-16.
45. Brooks, Arthur C. (2002). "Does Civil Society Stop the Downward Spiral of Bad Government, or Speed it Up?" Nonprofit and Voluntary Sector Quarterly 31(1): 139-143.
46. Brooks, Arthur C. and Roland J. Kushner (2002). "What Makes an Arts Capital? Quantifying a City's Cultural Environment." International Journal of Arts Management 5(1): 12-23.
47. Myers, David E. and Arthur C. Brooks (2002). "Policy Issues Connecting Music Education and Arts Education." In Colwell, Richard J. and Carol P. Richardson (Eds.). The New Handbook of Research on Music Teaching and Learning. New York: Oxford Univ. Press., pp. 909-930.
48. Brooks, Arthur C. (2002). "Contingent Valuation and the Winner's Curse in Internet Art Auctions." In Mossetto, Gianfranco, and Marilena Vecco (Eds.). Economics of Art Auctions. Milan, Italy: FrancoAngeli: 153-170.
49. Brooks, Arthur C. (2002). Book Review: Albino Barrera, Modern Catholic Social Documents & Political Economy. Washington, DC: Georgetown University Press. In Faith & Economics 40: 36-37.
50. Brooks, Arthur C. and Gregory B. Lewis (2001). "Giving, Volunteering, and Mistrusting Government." Journal of Policy Analysis and Management 20(4): 765-770.
51. Brooks, Arthur C. (2001). "Who Opposes Government Arts Funding?" Public Choice 108(3/4): 355-367.
52. Brooks, Arthur C., and Roland J. Kushner (2001). "Cultural Districts and Urban Development." International Journal of Arts Management 3(2): 4-15.
53. Brooks, Arthur C. (2000). "Public Subsidies and Private Giving: Crowding Out, Crowding In, or Both?" Journal of Policy Analysis and Management 19(3): 451-464.
54. Brooks, Arthur C. (2000). "Is There a Dark Side to Government Support for Nonprofits?" Public Administration Review 60(3): 211-218.
55. Brooks, Arthur C. (2000). "Genetic Algorithms and Public Economics." Journal of Public Economic Theory 2(4): 493-513.
56. Brooks, Arthur C. (2000). "The Use and Misuse of Adjusted Performance Measures" Journal of Policy Analysis and Management 19(2): 323-328.

57. Brooks, Arthur C. (2000). "The 'Income Gap' and the Health of Arts Nonprofits: Arguments, Evidence, and Strategies" Nonprofit Management & Leadership 10(3): 271-286.
58. Kushner, Roland J., and Arthur C. Brooks. (2000). "The One-Man Band by the Quick Lunch Stand: Modeling Audience Response to Street Performance." Journal of Cultural Economics 24(1): 65-77.
59. Brooks, Arthur C. (2000). Book Review: Andrew L. Pincus, Tanglewood: The Clash Between Tradition and Change. Boston: Northeastern Univ. Press. In the Journal of Cultural Economics.
60. Brooks, Arthur C. (1999). "Do Public Subsidies Leverage Private Philanthropy for the Arts? Empirical Evidence on Symphony Orchestras." Nonprofit and Voluntary Sector Quarterly 28(1): 32-45.
61. Brooks, Arthur, Steve Bankes, and Bart Bennett (1999). "An Application of Exploratory Analysis: The Weapon Mix Problem." Military Operations Research 4(1): 67-80.
62. Brooks, Arthur C. (1997). "Toward a Demand-Side Cure for Cost Disease in the Performing Arts." Journal of Economic Issues 31(1): 197-207.
63. Brooks, Arthur C. (1997). "A Note on the Performing Arts: Counterpoint." Journal of Economic Issues 31(4): 1060-1061.
64. Brooks, Arthur C. (1996). "The Price of a Free Concert." Empirical Studies of the Arts 14(1): 79-87.

"The Pursuit of Happiness with Arthur Brooks" column, The Free Press

Brooks, Arthur C. (July 6, 2026). "Taylor and Travis, a Prenup Won't Protect Your Marriage." The Free Press.
Brooks, Arthur C. (June 22, 2026). "Gen Z's great retreat from risk." The Free Press.
Brooks, Arthur C. (June 15, 2026). "The Knicks Just Made the Case for Sports Fandom." The Free Press.
Brooks, Arthur C. (June 8, 2026). "Why cheaters make bad politicians." The Free Press.
Brooks, Arthur C. (May 27, 2026). "The pope's guide to the AI revolution." The Free Press.
Brooks, Arthur C. (May 25, 2026). "How to give a commencement speech that isn't awful." The Free Press.
Brooks, Arthur C. (May 18, 2026). "The Saddest Countries All Speak English." The Free Press.
Brooks, Arthur C. (May 11, 2026). "Inside the mind of an internet troll." The Free Press.
Brooks, Arthur C. (May 4, 2026). "Dating apps aren't broken. You're just using them wrong." The Free Press.
Brooks, Arthur C. (April 27, 2026). "Universities have a conformity crisis" The Free Press.
Brooks, Arthur C. (April 20, 2026). "What's a good Catholic to do?" The Free Press.
Brooks, Arthur C. (April 13, 2026). "Grade Inflation Won't Make You Happy." The Free Press.
Brooks, Arthur C. (April 6, 2026). "Don't Waste Your Suffering." The Free Press.
Brooks, Arthur C. (March 30, 2026). "Why Your Neighbor Became a Conspiracy Theorist. And Maybe You, Too." The Free Press.
Brooks, Arthur C. (March 19, 2026). "Why your "perfect" life feels so empty." The Free Press.
Brooks, Arthur C. (March 16, 2026). "Face it. You're addicted to politics." The Free Press.
Brooks, Arthur C. (March 9, 2026). "I live with my grandchildren. You should too" The Free Press.
Brooks, Arthur C. (March 2, 2026). "It's 2028. AI has made you much happier" The Free Press.
Brooks, Arthur C. (February 23, 2026). "Screens are stressing you out of your mind" The Free Press.
Brooks, Arthur C. (February 16, 2026). "Why are young people choosing OnlyFans over love?" The Free Press.
Brooks, Arthur C. (February 8, 2026). "Can we all relax about Bad Bunny's Spanish halftime show?" The Free Press.
Brooks, Arthur C. (February 2, 2026). "Therapy won't make you happier. And that's OK." The Free Press.
Brooks, Arthur C. (January 26, 2026). "Family estrangement is a tragedy" The Free Press.
Brooks, Arthur C. (January 19, 2026). "Popularity won't make you happy" The Free Press.
Brooks, Arthur C. (January 12, 2026). "The Problem with your New Years Resolution" The Free Press.
Brooks, Arthur C. (January 5, 2026). "Happiness Lessons from a Miserable Wretch" The Free Press.

"How to Build a Life" column, The Atlantic

Brooks, Arthur C. (December 25, 2025). "How to follow the right star" The Atlantic.
Brooks, Arthur C. (December 18, 2025). "What I wish I'd known when I was younger" The Atlantic.
Brooks, Arthur C. (December 11, 2025). "How to be happy like Thomas Aquinas" The Atlantic.
Brooks, Arthur C. (December 4, 2025). "James Patterson's Maxims for a Happy Life" The Atlantic.
Brooks, Arthur C. (November 27, 2025). "The right attitude to gratitude" The Atlantic.
Brooks, Arthur C. (November 20, 2025). "To get happier, make yourself smaller" The Atlantic.
Brooks, Arthur C. (November 13, 2025). "An evening ritual to realize a happier life" The Atlantic.
Brooks, Arthur C. (November 6, 2025). "What a Young Paul McCartney Knew About Growing Old" The Atlantic.
Brooks, Arthur C. (October 30, 2025). "Why you should keep an open mind on the divine" The Atlantic.
Brooks, Arthur C. (October 23, 2025). "Yes, money can make you happier" The Atlantic.

Brooks, Arthur C. (October 16, 2025). “Feeling desolate? There’s a cure for that” The Atlantic.
Brooks, Arthur C. (October 9, 2025). “The happiness of choosing to walk alone” The Atlantic.
Brooks, Arthur C. (October 2, 2025). “The Mind-Altering Effect of a Good Workout Routine” The Atlantic.
Brooks, Arthur C. (September 25, 2025). “If I work harder, will you love me?” The Atlantic.
Brooks, Arthur C. (September 18, 2025). “How Spinoza Overcame 17th-Century Cancel Culture” The Atlantic.
Brooks, Arthur C. (September 11, 2025). “Six ways to start early and lift your mood” The Atlantic.
Brooks, Arthur C. (September 4, 2025). “How to turn anxiety into opportunity” The Atlantic.
Brooks, Arthur C. (August 28, 2025). “What Social Science Knows About the Value of Diversity” The Atlantic.
Brooks, Arthur C. (August 21, 2025). “Five Baha’i Lessons for a Happier Life” The Atlantic.
Brooks, Arthur C. (August 12, 2025). “The management anti-fad that will last forever” The Atlantic.
Brooks, Arthur C. (August 7, 2025). “The power of politeness” The Atlantic.
Brooks, Arthur C. (July 31, 2025). “How to know you’re not a phony” The Atlantic.
Brooks, Arthur C. (July 24, 2025). “The psychological secret to longevity” The Atlantic.
Brooks, Arthur C. (July 17, 2025). “How to be more charismatic, but not too much more” The Atlantic.
Brooks, Arthur C. (July 10, 2025). “How to keep on the sunny side of life” The Atlantic.
Brooks, Arthur C. (July 3, 2025). “The Ciceronian secret to happiness” The Atlantic.
Brooks, Arthur C. (June 26, 2025). “The Ultimate Career Advice: Make Your Work Your Calling” The Atlantic.
Brooks, Arthur C. (June 19, 2025). “The Strength You Gain by Not Taking Offense” The Atlantic.
Brooks, Arthur C. (June 12, 2025). “Dare to act differently and be happier” The Atlantic.
Brooks, Arthur C. (June 5, 2025). “Why Wittgenstein was right about silence” The Atlantic.
Brooks, Arthur C. (May 29, 2025). “How the Pope Might Make the World a Happier Place” The Atlantic.
Brooks, Arthur C. (May 22, 2025). “In times of trouble, seek moral beauty” The Atlantic.
Brooks, Arthur C. (May 15, 2025). “How to take charge of your family inheritance” The Atlantic.
Brooks, Arthur C. (May 1, 2025). “Why are young people everywhere so unhappy?” The Atlantic.
Brooks, Arthur C. (April 24, 2025). “The knowledge that brings true happiness.” The Atlantic.
Brooks, Arthur C. (April 17, 2025). “The Key to Critical Self-Awareness.” The Atlantic.
Brooks, Arthur C. (April 10, 2025). “A defense against gaslighting sociopaths.” The Atlantic.
Brooks, Arthur C. (April 3, 2025). “To Be Happier, Stop Resisting Change.” The Atlantic.
Brooks, Arthur C. (March 27, 2025). “You can do leisure better, seriously.” The Atlantic.
Brooks, Arthur C. (March 20, 2025). “To make someone happy, ask for help.” The Atlantic.
Brooks, Arthur C. (March 13, 2025). “How to avoid the creative-narcissist trap.” The Atlantic.
Brooks, Arthur C. (March 6, 2025). “The Ultimate German Philosophy for a Happier Life.” The Atlantic.
Brooks, Arthur C. (February 27, 2025). “My Mom’s Guide to the Art of Living.” The Atlantic.
Brooks, Arthur C. (February 20, 2025). “The Big Ideas That Can Banish Trolls.” The Atlantic.
Brooks, Arthur C. (February 13, 2025). “How to realize your own love supreme.” The Atlantic.
Brooks, Arthur C. (February 6, 2025). “Don’t make small talk. Think big talk.” The Atlantic.
Brooks, Arthur C. (January 30, 2025). “To truly succeed, fail better” The Atlantic.
Brooks, Arthur C. (January 23, 2025). “How my struggle with Wittgenstein can make you happier” The Atlantic.
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Editorial Board, Journal of Cultural Economics, 2007-2011
Editorial Board, Public Administration Review, 2002-2009
Editorial Board, Nonprofit and Voluntary Sector Quarterly, 2001-2008
Editorial Board, Journal of Public Administration Research and Theory, 2004-2009
Editorial Board, State and Local Government Review, 2006-2009
Co-editor, Journal of Arts Management, Law, and Society, 2002-2005

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Executive Committee, Association for Cultural Economics International, 2005-2011
Research Advisory Council member, National Center on Nonprofit Enterprise, 2003-2009
National Policy Board member, Americans for the Arts, 1999-2001

OLDER AWARDS AND DISTINCTIONS

Lee Kwan Yew Exchange Fellow, Singapore, 2016.
Judith Greenberg Seinfeld Distinguished Fellow, Syracuse University, 2005.
Daniel Patrick Moynihan Award for outstanding teaching, research and service, The Maxwell School, 2003.
Birkhead-Burkhead Teaching Excellence Award and Professorship, Public Administration Department, Maxwell School at Syracuse University, 2003.
Richard H. Barchi Prize for best paper of the year in military operations research, Military Operations Research Society, 1997.