Academic Skills Workshops

Spring 2016

Presented by the Vanderbilt PCC

Studying for hours, but the test was still a mystery? Reading the same page over and over and still have no idea what you just read? Wondering why everyone else seems to have more time than you do? Already starting to panic about final papers, presentations, and exams? Join the Academic Skills Workshop to refine your study skills, time management, reading, writing, and test preparation.

Location: Commons Center, 233
Times: Tuesdays 1-2pm January 26 – February 23
Mondays 1-2pm March 14 – April 18 (Except 3/28)

Facilitator: Samantha KW Brzozowski, MA

Session Topics (each session offered twice)

Thinking about thinking, overarching study strategies
- Tuesday, January 26 - Monday, March 14

Manage your time, manage yourself
- Tuesday, February 2 - Monday, March 21

Reading strategies
- Tuesday, February 9 - Monday, April 4

Writing without tears
- Tuesday, February 16 - Monday, April 11

Is this going to be on the test? Tackling test preparation and anxiety
- Tuesday, February 23 - Monday April 18

Please sign up for the Academic Skills Workshop online using the link below. You're welcome to sign up for one or multiple sessions. Please sign up at least 24 hours in advance of the scheduled workshop date. Note that you do not have to already be a PCC client in order to attend this workshop. All VU students are welcome!

https://medschool.vanderbilt.edu/pcc/academic-skills-workshop-registration